



Camp Moshava Policy For Parents Regarding Injectable and Refrigerated Medications (including Growth Hormone)

Updated May 2026

Every year, we have a number of campers who are on a regular regimen of injectable medications including growth hormone, allergy shots, etc., and other expensive medications that require strict temperature control. We are happy to offer our campers the ability to receive their usual injections at the Moshava Marp according to the following guidelines below. We understand these medications are often costly, paid for out of pocket or with a large copay. We store and administer these medications with the utmost care. Given the expense and need to maintain the cold chain, we work hard to ensure every drop is accounted for at all times.

1. Sending injectable and refrigerated meds to Camp
 - a. Injectable and refrigerated meds are one of the FEW medications allowed to arrive with the buses on the first day of the session.
 - b. Before camp, as with all medications, it is IMPERATIVE that the parents properly enter the name, dose and other pertinent details of the med on the Health History form in Camp Minder, as this is what we use to check that we received the appropriate medication for each child. If it is not filled out here, the risk increases that your child will not receive their medication on time.
 - c. For those arriving by camp bus:
 - i. Each child should bring their own medication, needles and other supplies they require for administration with them to the bus pick up point. Please only send the amount of medication the child is expected to use DURING camp.
 - ii. Each item should be very clearly labeled with the camper's full name and Eidah, ideally with printed labels, such as Avery, etc.
 - iii. **If more than one family member is bringing injectables/refrigerated meds, each one should have their own well labeled cooler to reduce confusion at camp.**
 - iv. If refrigeration is required, the items should be packed in individual coolers with ice packs.
 1. Of note: we do our best to return all coolers and personal ice packs, but like all items going to camp, we request you do not send any that are very costly or will be sorely missed in the event they are lost or broken
 2. When the child arrives to the camp bus, the item should be handed DIRECTLY from the parent (or other adult bringing the child to the bus, NOT the camper themselves) TO THE DESIGNATED STAFF PERSON WHO IS RESPONSIBLE FOR COLLECTING MEDICATIONS

3. Do NOT leave the bus pick up before the designated staff member collecting meds writes down your child's name, Eidah, bunk and medication in the log and places it into the designated bag/bin for medications going to camp. You will be asked to initial this document.
- d. If you are driving your child (and their medication) to camp, please follow the same preparation instructions as above.
 - i. When your child arrives to the gate, please notify whomever is bringing your child up to camp that you have refrigerated medications to be brought immediately to the Marp.
 - ii. DO NOT LEAVE until the designated person has written your child's name, medication, and accompanying equipment on the log form.
 1. The designated Marp staff member responsible for receiving these meds will document the amount of syringes/bottles received in the Medication administration form in Camp Minder under.
 2. The medication will then be placed into our dedicated medication refrigerator and marked with the child's name and Eidah.
 - e. How we store GH in camp
 - i. Each child is given their own marked bin to contain their medication which is stored in the designated refrigerator in the Marp.
 - f. How we administer **Growth Hormone** in camp:
 - i. Every evening after dinner, campers are required to come to the Marp to take their injection
 - ii. ON SHABBAT:
 1. Friday evening: campers must go to the Marp to get their GH injection **BEFORE MIFKAD** as we do not administer non-urgent injections on Shabbat.
 2. If a child has a regular night they skip their dose, we schedule that for Erev Shabbat.
 - iii. Each child is given a private, curtained area in which to administer their shot.
 - iv. We **STRONGLY** recommend kids learn to give themselves their shots before camp rather than have a nurse give it to them.
 - v. If any child needs help, there is a designated Marp staff member monitoring the process the entire time who can assist them
 - vi. Before leaving the treatment room, the child must be marked off on the medication log for that day.
 - vii. If a child does not come to the Marp to receive their injection at the allotted time, they may be permitted to take it if they arrive **before** the Marp closes for the night on a case by case basis.
 - viii. Campers who miss more than one dose of growth hormone will be asked to discuss next steps with their parents and the Eidah nurse.

- g. Injectable/refrigerated medication administration when kids are out of camp:
 - i. Campers at the Shmutz site will be able to receive these medications as usual.
 - ii. Campers on overnight trips outside camp will **NOT** be able to receive these medications as we can not guarantee the cold chain when out of camp for extended periods. Please discuss this with your physician for guidance.
 - iii. We will try to schedule any of these doses around the campers out-of-camp calendar if possible.
 - iv. If your child takes a medication that is injected or requires strict refrigeration that can **NOT** be missed or rescheduled, please email nurse@moshava.org with “Injectable/refrigerated med question” along with your child’s full name and Eidah in the subject line

- h. If your child has a “skip” night where they don’t take their injection:
 - i. Please let us know in the Health History Form if they have a skip day.
 - ii. In camp, if a child regularly has a skip day, we typically schedule that for Friday night BEFORE MIFKAD.

- i. How we return injectable medications at the end of camp:
 - i. Medications that require refrigeration are kept in the refrigerator until breakfast time on the day campers go home.
 - ii. Medications are repackaged with frozen ice packs in the coolers we received them in
 - iii. They are then divided up by bus in designated containers which are then placed on the campers bus for the return home.
 - iv. The bins/bags are then handed to the bus counselors with a list of contents and their owners
 - v. The medications/coolers are to be handed **directly** to the parent from the bus counselor and marked appropriately on the bus counselors log.
 - vi. If a medication is missing, you must call from the bus pick up to let us know of an error so we can try to correct it ASAP

Please review this information with your child prior to camp