



MOSHAVA ORAL IMMUNOTHERAPY (OIT) POLICY FOR PARENTS

May 2026

The Camp Moshava Medical Team (CMMT) offers our campers and staff members who are receiving Oral Immunotherapy (OIT) the option to continue their therapy during camp.

OIT is a complicated medical treatment and in order to ensure everyone's safety, this option is only permissible for campers and staff providing all medical requirements noted below are met at least three months (12 weeks) prior to arrival at camp, or per medical discretion of camp physicians.

It is also imperative that your child is completely on board with these instructions. Children who are unwilling to come and partake in their therapy as prescribed run the risk of being asked to leave camp if the medical staff feel they are at high risk for disturbing their progress and increasing risk of anaphylaxis.

To ensure the safety of those prescribed OIT while attending Camp Moshava, the following conditions must be adhered to:

1. Prescription from the treating allergist identifying the allergies, treatment plan for the length of time the participant is at camp and accompanying instructions are absolutely necessary for safe patient care.
2. Date of diagnosis should be entered on the Camp Minder Health Form. The camper/staff person must be on a stable maintenance dose of OIT; *no dose escalations or decreases while at camp.*
3. The camper/staff person must have been on maintenance dose at least 12 weeks prior to arrival at camp, or per medical discretion of camp physicians.
4. The physician prescription must be attached to the outside box, including the name, date of birth, allergen prescribed, *precare guidelines, instructions for administration, observation time with the CMMT and aftercare instructions, i.e., how long the camper/staff person must rest, which activities should be avoided, length of time, etc.*
5. All this information MUST match the physician's instructions on the Physician Health Form and must be entered in the Camp Minder Health History Form in the Medication section (where all medications are entered).
6. The prescription can be accompanied by parents notes if applicable, but parent notes should be printed on labels and attached along with the physician prescription.
7. We **strongly** recommend using printed labels to ensure clarity and legibility (for example, Avery labels that can be printed at home)

8. An Allergy Action Plan (AAP) **must** be completed by the treating allergist specific to OIT. (If there are other allergies requiring an AAP, please submit to the “Additional Forms” section in Camp Minder)
9. OIT is treated as medication. The camper/staff person will receive the prescribed OIT at a scheduled time. Lunchtime is generally a good time as there is a rest hour after lunch. We will speak with each family and staff person to coordinate a plan that is safe and best for each individual and coordinated with the Mirpa’ah staff.
10. Two EpiPens with expiration dates after camp must be labeled and sent with the camper/staff person.

How to Prepare your Child’s OIT for Camp

1. For the protection of everyone in camp, OIT substances **must be securely double wrapped**.
 - a. The substances must be placed in a sturdy plastic box or heavy duty sealable plastic bag.
 - b. This must then be placed in a rigid plastic box that closes securely. Several substances of the same material may be placed in one bag, ensuring the bag is clearly labeled with a printed label.
 - c. All OIT substances, including needed items such as cups, spoons, etc., must be sent for the entire length of the camper/staff stay. Please only send disposable (or something that can be wiped clean) as we are unable to wash items in camp sinks in order to avoid contamination.

Possible Exceptions for Children Receiving Their OIT

- While we make every effort to ensure your child receives their OIT as scheduled, OIT will not be administered when the camper is out of camp for overnight trips (aside from the “Schmutz” which occurs on camp property). If your child is out for the entire day, we will make every effort to administer their OIT before they leave or when they return. However, it is imperative that you consult with your treating physician for guidance in terms of skipping doses or changing times and that plans for extenuating circumstances are in place. These instructions must also be written on the AAP. Again, campers sleeping on schmutz *will* receive their OIT.
- In the event of illness such as fever, vomiting, excessive fatigue, asthma exacerbation, or other concerns observed by medical staff, our camp physician will be advised and will contact parents and/or treating allergist for guidance. Camp physicians will consult with the allergist as needed.

OIT Administration Procedure

- OIT dosing will be administered only by camp medical staff
- Dosing will be in Mirpa'ah at same time daily
- Participants are to remain in Mirpa'ah under observation by medical staff at least one hour after dosing or per treating allergist instructions
- Strenuous activity, including swimming, sports or heat exposure is restricted for two (2) hours after dosing, unless specifically advised otherwise by patient's prescribing allergist and documented in their prescription and plan
- Symptoms suggestive of an allergic reaction will be treated in accordance with the AAP, epinephrine will be administered when indicated and emergency services summoned if needed. The camp physician will contact parents as soon as possible if an event of this nature should occur.

Camp physicians reserve the right to discontinue OIT dosing if safety issues arise. The Camp director will be advised by the camp physician and parents contacted.

For questions or concerns, please send an email to nurse@moshava.org and in the subject line, note OIT Question, your child's full name and Eidah.

Moshava Medical Team

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