Alan Silverman
Camp Director

Shlomo Stern
Associate Director

Channah Spiegelman
Rosh Moshava

Dr. Zev Jacobson
Chairman Camp Committee

HEALTHY SNACKING

Eating healthy foods has become a central tenet of our world today.

Camp Moshava strongly encourages parents to send primarily healthy snacks and seriously restrict the candy, chips and other junk foods that have often been sent with children to camp in the past.

We will be monitoring and limiting the amount of junk foods that a child can eat at a particular time and limiting any junk food parties in bunks. Because many parents are STRONGLY opposed to their children eating unhealthy snack foods and don't send such items with their children, it puts these children in a very unpleasant situation when they cannot participate or contribute to this kind of group activity.

We are asking for your voluntary but active cooperation with us this summer.
Please send healthy snacks with your children to camp.

Please limit the amount of food sent as we provide snacks and canteen daily to the children.

Thank you so much for your continued cooperation in this matter.

A NUT & PEANUT SENSITIVE ENVIRONMENT

This summer, as in previous summers, we have several campers and staff members who have serious allergies to peanuts and other nuts.

Therefore, Moshava is totally nut "sensitive" in all areas. We will not be serving peanut butter in the dining room. Our bakery has already been nut-sensitive for many years. Our canteen is no longer stocking any candies or ice cream with nuts.

PLEASE DO NOT SEND ANY ITEMS WITH YOUR CAMPER THAT CONTAIN NUTS, PEANUTS, PEANUT OILS etc.

Please note that our staff inspects all foods that children have with them in camp. Any items that we feel may contain allergens and present danger to other children will be confiscated and donated to charity.

If your camper is bringing food to camp, please be sure that all food sent abides by the camp allergy policy and fits in a plastic bin that will be stored under their bunkbed. Each camper will have a total under-bed storage space of 35"w x 30"d x 18"h. An option for a bin that fits these measurements is below:
Amazon.com: Sterilite 28 Qt Underbed Storage Box, Stackable Bin with Lid, Plastic Container to Organize, Bedroom, Clear Base and White Lid, 1-Pack : Home & Kitchen

Your cooperation will be greatly appreciated.